

Example Tick Notice

TICK NOTICE (PLEASE SIGN AND RETURN THIS SECTION)

Dear Parents and Guardians,

Students from _____ will be participating in an outdoor field trip on _____. Since we are in Vermont, it is likely that some students will come in contact with ticks. Please sign below to acknowledge that it is your responsibility, as a parent/guardian, to check your child for ticks after this field trip.

To reduce the chance of your child contracting a tick, please have them dressed in light colored clothing made from a smooth fabric (not fleece), with long pants and socks that the pant legs can be tucked into. You may also consider treating your child's outdoor clothing with permethrin, a longer lasting repellent that is applied to clothing only, and that can be purchased online or at most outdoor stores.

We will provide bug and tick repellent with up to 30% DEET. If you choose not to allow the use of this type of repellent, please provide your own alternative for your child to use. Early detection and proper removal of ticks are the best ways to prevent tick-borne diseases, such as Lyme disease.

Student name _____

Guardian signature _____ Date _____

KEEP THIS SECTION OF PAGE FOR REFERENCE:

On The Day Of Your Program, Please Wear or Bring:

MANDATORY

- ◇ Full water bottle(s)
- ◇ Lunch and/or snack
- ◇ Sturdy, closed-toed shoes
- ◇ Long sleeves, long pants and socks (to tuck pant legs into)
- ◇ Weather appropriate outerwear (layers, raingear, hat & sunglasses, etc.)

OPTIONAL

- ◇ Bug/tick repellent of choice (we provide repellent w/DEET)
- ◇ Work gloves (we'll have some available to borrow)



Ask your child how they helped the Vermont State Parks today!

We learned about invasive plants, how they harm the ecosystem, and then helped remove these plants from the park.

Curious for more information?
You can go to **VTinvasives.org** to learn more!

Ask your child how they helped the Vermont State Parks today!

We learned about invasive plants, how they harm the ecosystem, and then helped remove these plants from the park.

Curious for more information?
You can go to **VTinvasives.org** to learn more!